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Alicia has a degree in Psychology and a Master in Family Therapy (Academia di Psicoterapia della Famiglia, Roma, Italia). She holds a Master in Child Mental Health (Universidad del Desarrollo, Chile) and Postgraduate in Social Neuroscience (Universidad Diego Portales, Chile).

Alicia is a Professor in the Universidad Mayor, and Director of the Postgraduate Program "Psychosocial and Multigenerational Therapy" in Universidad Mayor in Santiago, Chile. She works as counselor in family and bonding issues in the most important Chilean organization that offers services to the youth and children.

She has been teaching Bowen theory since 1999 in different Universities in Chile. She has participated as speaker and as audience in various conferences including the Bowen Center, WPFC, and Bowen International Conferences. She is member of the Study Group at the Bowen Center since 2016. Currently, She is a member of the Instituto Iberoamericano del Bowen Center.