

JOAN JURKOWSKI, MS, LCPC

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SUMMARY OF QUALIFICATIONS

Licensed Clinical Professional Counselor and Certified Drug and Alcohol Counselor in Maryland with over thirty years of experience working with individuals, couples and families. Special areas of interests: relationship issues, depression, anxiety, substance abuse, cancer, chronic physical and emotional illness, and career concerns.

CREDENTIALS

Licensed Clinical Professional Counselor (LCPC MD #LCO271)
Certified Associate Counselor-Alcohol and Drug (CAC-AD MD #AC0998)
Licensed Professional Counselor, Washington, DC (# PRC14197)
LCPC Board-Approved Supervisor, MD (#203)
Member, Licensed Clinical Professional Counselors of Maryland, Inc.

EDUCATION

1981-M.S., Counseling Psychology, Loyola College, Baltimore, MD
1975-B.S., Psychology, Towson University, Towson, MD

2013-present, Research Seminar, Bowen Theory Academy, Islesboro, ME
1999-2012, Research Seminar, Bowen Center for the Study of the Family, Washington, DC
1992-1997, Postgraduate Training, Bowen Family Systems Theory and Psychotherapy, Georgetown Family Center, Washington, DC

EXPERIENCE

Psychotherapist/Family Therapist/LCPC

- Private Practice: 3313 Paper Mill Road, Suite 5, Phoenix, MD 21131, 2011-present. Individual, couple and family psychotherapy.
- First Step, Inc., Reisterstown, MD, 2000-2013. Clinical Coordinator/Psychotherapist for adults and adolescents in substance abuse and mental health treatment program.
- Baltimore Behavioral Health, Baltimore, MD, 1998-2000. Individual and group counselor for adults with substance abuse concerns. Promoted to Director of Admissions in 1999.
- CMG Health (Managed Care Company), Baltimore, MD, 1994-1998. Psychotherapist for children, adolescents and adults with mental health issues.

Teaching/Supervision

- Faculty member; Bowen Center for the Study of the Family, Washington, DC, 2009-present. Teach and supervise in on-line program; member of the Editorial Board for the journal *Family Systems*.
- Presented at Bowen Center and for “network” programs and on various topics including emotional cutoff and differentiation, triangles, substance abuse, anxiety and the family emotional system.

Previous Employment as Certified Rehabilitation Counselor

- Coordinator and Director of Mental Health/Group Home Program for individuals being de-institutionalized. 1988-1993 (Volunteers of America and People Encouraging People).
- Sheppard Pratt Hospital, Baltimore, MD, 1982-1988, Vocational Counselor for psychiatric in-patients.

PUBLICATIONS

Jurkowski, Joan, MD, 2017. “Anxiety and the Nuclear Family System”. *Family Systems*: 12(2):157-174.
Jurkowski, Joan, MS. 2014. “The Value of Defining a Self with One’s Spouse”. *Family Systems*. 10(2):163-174.
Jurkowski, Joan, MS. 2004. “Heroin Addicts, Family and Recovery: A Pilot Study”. *Family Systems*. 7(1):45-66.